

GRAND FORKS



**GLADIATORS
WRESTLING CLUB**

**Grand Forks Gladiators USA Wrestling
Freestyle and Greco-Roman Tournaments
Saturday, April 18, 2009
Central High School Gymnasium
200 block of North 5th Street**



Weigh-Ins: We will be conducting weigh-ins from 8:00 AM - 9:30 AM in the Central wrestling room. The scales will close at 9:30 AM sharp. Marshaling for freestyle will begin at 10:30 AM. Wrestling will begin as close to 10:30 AM as possible. Wrestlers will be bracketed in 4-man round-robin groups by scratch weight. A rules clinic will be held at 10:15 AM.

PLEASE NOTE: YOU MUST WEIGH-IN ON SITE SATURDAY MORNING AND A USA CARD IS REQUIRED TO WRESTLE.

Coaches: If your club plans on attending the tournament, please contact us ASAP. This will allow us to plan accordingly for awards.

Age Divisions: Sub Bantam (2003-2004), Bantam (2001-2002), Intermediate (1999-2000), Novice (1997-1998), Schoolboy (1995-1996), Cadet (1993-1994), Junior (9/1/89 & in High School)

*****Wrestling will run continuously. As the Freestyle tournament is finishing, we will start the Greco tournament.**

Brackets: 4-man round robin brackets using scratch weight. Age divisions and weights may be grouped to optimize competition (For example Cadets & Juniors may wrestle together).

Awards: Trophies for top 4 placers in each weight class.

Cost: \$8 per wrestler for 1 tournament or \$14 for both tournaments. USA Cards will be sold for \$25 at the tournament.

Spectators: Adults \$5, Under 18 free

Contacts: Jeff Welsh (701) 746-9969 Matt Berglund (701) 795-5645

Please place a check in the box for each tournament you enter.

_____ **Freestyle**

_____ **Greco-Roman**

WRESTLER _____

DATE OF BIRTH _____ WEIGHT (FILLED OUT BY SCALE MASTER) _____

CITY _____ STATE/PROVINCE _____

EMERGENCY PHONE _____ USA Card # _____

In consideration for the acceptance of wrestling in the Grand Forks Wrestling Tournament, I agree to waive and release the owners of the real estate where the tournament is being held and their agents, representatives, committees, and members from any and all claims or rights to damages, injuries, and / or losses suffered by me, whether competing, watching, or traveling to or from this tournament. I further state that I have adequate health and accident insurance to cover any injuries or sickness during this tournament. I also give permission for tournament officials to provide emergency medical care.

PARENT / GUARDIAN / COACH _____ DATE _____
(MUST BE SIGNED BEFORE WRESTLING)